

Hato Pateriki Māwaihakona / St Patrick's College Silverstream

HAUORA WEEK 2019

Kia ora koutou,

We are looking forward to working with you all for Hauora Week in a range of creativity, thinking, outdoors, and service activities. The staff have been working hard to put together an exciting programme that will enable you to experience new things, challenge yourselves, meet new people and have some fun! Your programme consists of a combination of your activity choices, as well as a Kotahitanga (Unity) day focussing on culture and sports, and on some will involve service to others.

If you want to see your son's programme for each day, please check the parent portal in the usual way. The activities will be showing in the spaces for Break One and Break Two.

Your account will be charged in the usual way for any activities your son as opted into, so if your son is unwell on a particular day, please let me know to avoid your account being charged.

Your personalised programme will consist of whole and half day activities within the following schedule:

Friday	8.30am	Ranks and Opening Liturgy (Chapel)
	9 - 11.45pm	Morning Session
	12.30 – 3pm	Afternoon Session
Monday	8.30 – 9am	Ranks
	9 - 11.45pm	Morning Session
	12.30 – 3pm	Afternoon Session
Tuesday	8.30am	Ranks
	8.40 – 9.30am	Big Boys Breakfast, Henry Grey speaker in Auditorium
	9.30 - 11.45am	Morning Session
	10.15 – 2pm	Neville Shield
Wednesday	8.30 – 9am	Ranks (please note earlier start time – no late start)
	9am – 11.45am	Morning Session
	12.30 – 3pm	Afternoon Session
Thursday	8.30 - 9am	Ranks
	9am - 11.45pm	Morning Session
	11.45 - 12.45	Lunch
	12.45 - 1.30pm	Tutor Time/Evaluation & Reflection & Review of Hauora Week
	1.40pm - 2.20pm	Closing Liturgy and Advent Mass

A few key points to note:

- We will meet for Ranks every morning (auditorium if wet) – line up at the assigned place for your activity (a teacher or student will be holding up a sign to help you!). Groups will be dismissed to begin their activities after the rolls have been taken
- If you are sick or unable to come to school for any reason please contact the school office at your earliest convenience (preferably before 8am)
- Any activities that have charges will be charged to your account by the Finance Office to avoid the need for anyone to bring cash
- We will organise alternative option in the case of activities that are affected by extreme weather - but do come prepared for the activities to go ahead even if the weather is bad.

All students please bring a water bottle everyday!

*Boarders and day boys who have school lunches will need to collect a packed lunch at the start of every day from the kitchen. **NB Please provide your own Water Bottle***

It is essential that you read the information on the next page very carefully so that you are clear on the equipment, clothing and details required for each of your activities. It is your responsibility to be prepared in order to make this week as successful as possible!

ACTIVITY DETAILS

GOLF - Full Day or Half Day Cost: \$6 to play & \$6 small basket for driving range

Students must wear their school Polo as the Full Day of Golfing is at the Trentham Golf Course, any shorts and sports shoes and hat are acceptable.

Walk the Stairway to Heaven (WALK1) - Cost: \$15 Bus

Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.

A Capital Day (CAPI) Cost: \$8 Train

School (summer) uniform including jacket. Bring a pen, packed lunch, water and spending money if desired. Bags will be scanned at parliament!

NB STUDENTS ARE NOW REQUIRED TO BE SCHOOL FOR RANKS TO GET THE 8.49am TRAIN.

Get Crossfit Cost: \$23 for coaching

Water bottle, good shoes, PE clothes

Chef for the Day Cost: \$5

Mufti is allowed, must wear covered shoes and will make own food to eat.

Food Science Cost: \$2

Mufti is allowed and will make own food to eat.

Learn to build, paint and game with models Cost: \$5

Mufti is allowed

Discovering Light Workshop at the City Gallery \$15 Bus

School (summer) uniform, morning tea/snack/water

Mindfulness and gratitude Cost: Nil

Mufti allowed

Animals and the SPCA Cost: Nil or \$15 to buy your lunch

Mufti allowed but please bring walking shoes and appropriate warm clothing and a raincoat.

NB STUDENTS ARE NOT REQUIRED TO BE AT SCHOOL UNTIL 9AM AS CATCHING THE 9.29am TRAIN

Confidence & Teamwork Training Cost: Nil

Sports clothing, sports shoes and water

Appreciating the Beauty of our School Environment (WALK 2) Cost: Nil

Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.

Learn to Sing! Cost: Nil

Mufti allowed

Learn how to Sign! Cost: Nil

Mufti allowed

Sustainable Coastlines (WALK 4) - Red Rocks Cost: \$15 Bus

Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.

Battle Hill (WALK 3) Cost: \$15 Bus

Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.

Visit to the Holocaust Centre Cost: \$15 Bus

Summer uniform to be worn and bring a packed lunch or money to buy your lunch

Home of Compassion Soup Kitchen (SERVE 1) Cost : \$15 Bus

Spend some time at the Home of Compassion Soup Kitchen in Wellington. Wear (casual clothes - you will be painting furniture) bring your own packed lunch and water.

5 Hour Film Challenge.Cost: NIL

Mufti allowed, large drink bottle of water and lunch. Students need to bring their devices and also a charger to keep their device fully charged throughout the day.

A Day at the Beach Cost: \$15 (may want to bring money for ice-cream)

Bring togs / towel / sunblock / sunhat (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking.

Harmonise @ SPC Cost: NIL

Boys to wear Mufti. Join the girls from Sacred Heart College for a day of singing. You must either play an instrument or sing. You will need a bottle of water and lunch.

Newlands Intermediate EOTC - Cost: NIL

School (summer) uniform, large drink bottle of water and lunch. Shoes for outdoors/walking. You may swim if the weather is good

Board Games in the Library Cost: NIL

School (summer) uniform, large drink bottle of water and lunch.

Investigate Upper Hutt with a walk (WALK 5) Cost: \$NIL

Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.

Gardening Skills and Service GARD Cost: NIL

Casual clothes for gardening (no uniform) large drink bottle of water and lunch.

Beat It Cost: NIL

School (summer) uniform, large drink bottle of water and lunch. You must have a device (not a phone) and headphones.

All Marist Service

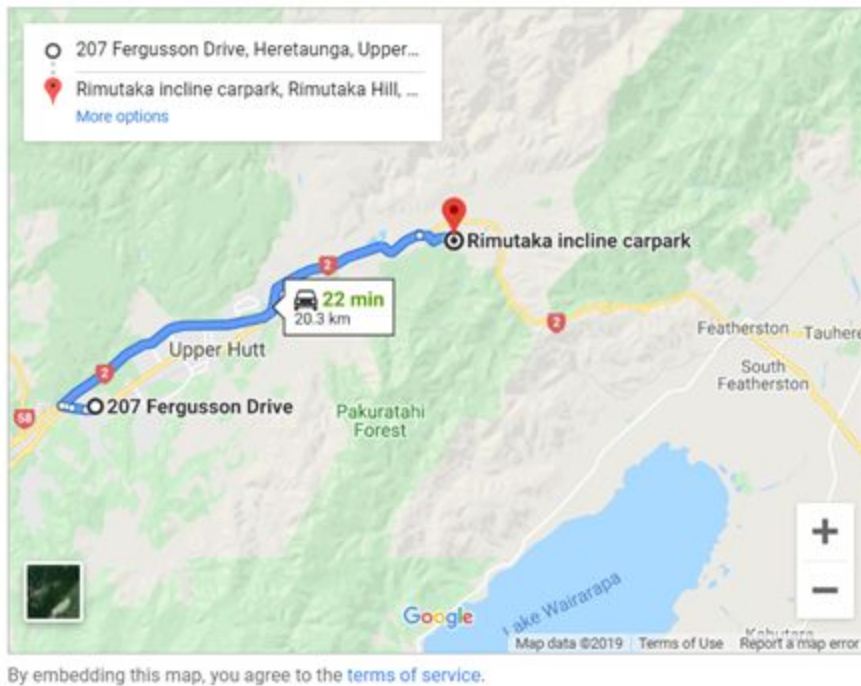
May wear mufti and bring your own large drink bottle of water and lunch.

Unless it is stated Summer Uniform, students may wear mufti

Remutaka Bike Ride (REMU) Cost: NIL

Rimutaka Incline track to the Summit and back. Incline Road Carpark, Appropriate clothes for riding, large drink bottle of water and lunch.

You must have your own bike and make your way to the location. Please contact Mrs Hambidge if this is a problem.



Just past the Kartsport Carpark

10am - Assemble in carpark and assigned into groups. ***You do not have to come to school in the morning if you are going straight there.***

12-12.30pm - Have lunch then turn around and head back to start

2pm - Reassemble back to start point

We hope you are looking forward to the week and that you take the opportunities on offer with enthusiasm and energy. We look forward to working with you all! Please do not hesitate to contact me should you have any concerns. hambidgej@stream.school.nz

Ngā mihi nui,

Mrs Jane Hambidge

Tumuaki Tuarua / Deputy Rector (Teaching & Learning)