

## Hato Pateriki Māwaihakona / St Patrick's College Silverstream

### HAUORA WEEK 2019

Kia ora koutou,

We are looking forward to working with you all for Hauora Week in a range of creativity, thinking, outdoors, and service activities. The staff have been working hard to put together an exciting programme that will enable you to experience new things, challenge yourselves, meet new people and have some fun! Your programme consists of a combination of your activity choices, as well as a Kotahitanga (Unity) day focussing on culture and sports, and a day of service to others. Your personalised programme will consist of whole and half day activities within the following schedule:

<b>Friday</b>	<b>8.30am</b>	Ranks and Opening Liturgy (Chapel)
	<b>9 - 11.45pm</b>	Morning Session
	<b>12.30 – 3pm</b>	Afternoon Session
<b>Monday</b>	<b>8.30 – 9am</b>	Ranks
	<b>9 - 11.45pm</b>	Morning Session
	<b>12.30 – 3pm</b>	Afternoon Session
<b>Tuesday</b>	<b>8.30am</b>	Ranks
	<b>8.40 – 9.30am</b>	Big Boys Breakfast, Henry Grey speaker in Auditorium
	<b>9.30 - 11.45am</b>	Morning Session
	<b>12.30 – 2pm</b>	Neville Shield
<b>Wednesday</b>	<b>8.30 – 9am</b>	Ranks (please note earlier start time – no late start)
	<b>9am – 11.45am</b>	Morning Session
	<b>12.30 – 3pm</b>	Afternoon Session
<b>Thursday</b>	<b>8.30 - 9am</b>	Ranks
	<b>9am - 11.45pm</b>	Morning Session
	<b>12.30 - 1.30pm</b>	Tutor Time
	<b>1.40pm - 2.20pm</b>	Closing Liturgy and <b>Advent Mass</b>

### ***A few key points to note:***

- We will meet for Ranks every morning (auditorium if wet) – line up at the assigned place for your activity (a teacher or student will be holding up a sign to help you!). Groups will be dismissed to begin their activities after the rolls have been taken
- If you are sick or unable to come to school for any reason please contact the school office at your earliest convenience (preferably before 8am)
- Any activities that have charges will be charged to your account by the Finance Office to avoid the need for anyone to bring cash
- We will organise alternative option in the case of activities that are affected by extreme weather - but do come prepared for the activities to go ahead even if the weather is bad.

*Boarders and day boys who have school lunches will need to collect a packed lunch at the start of every day from the kitchen. **NB Please provide your own Water Bottle***

It is essential that you read the information on the next page very carefully so that you are clear on the equipment, clothing and details required for each of your activities. It is your responsibility to be prepared in order to make this week as successful as possible!

### **Activity Details**

**Walk the Stairway to Heaven (WALK1)** - Cost: \$15 Bus

*Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.*

**A Capital Day (CAPI)** Cost: \$8 Train

*School (summer) uniform including jacket. Bring a pen, packed lunch, water and spending money if desired. Bags will be scanned at parliament!*

***NB STUDENTS ARE NOT REQUIRED TO SCHOOL UNTIL 9AM TO CATCH THE 9.20am TRAIN.  
Please meet in the Ranks Quad at 9am.***

**Get Crossfit** Cost: \$23 for coaching

*Water bottle, good shoes, PE clothes*

**Chef for the Day** Cost: \$5

*Mufti is allowed, must wear covered shoes and will make own food to eat.*

**Food Science** Cost: \$2

*Mufti is allowed and will make own food to eat.*

**Learn to build, paint and game with models** Cost: \$5

*Mufti is allowed*

**Discovering Light Workshop at the City Gallery** \$15 Bus

*School (summer) uniform, morning tea/snack/water*

**Mindfulness and gratitude** Cost: Nil

*Mufti allowed*

**Animals and the SPCA** Cost: Nil or \$15 to buy your lunch

*Mufti allowed but please bring walking shoes and appropriate warm clothing and a raincoat.*

**Confidence & Teamwork Training** Cost: Nil

*Sports clothing, sports shoes and water*

**Appreciating the Beauty of our School Environment (WALK 2)** Cost: Nil

*Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.*

**Learn to Sing!** Cost: Nil

*Mufti allowed*

**Learn how to Sign!** Cost: Nil

*Mufti allowed*

**Sustainable Coastlines (WALK 4) - Red Rocks** Cost: \$15 Bus

*Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.*

**Battle Hill (WALK 3)** Cost: \$15 Bus

*Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.*

**Visit to the Holocaust Centre** Cost: \$15 Bus

*Summer uniform to be worn and bring a packed lunch or money to buy your lunch*

**Home of Compassion Soup Kitchen (SERVE 1)** Cost : \$15 Bus

*Spend some time at the Home of Compassion Soup Kitchen in Wellington. Wear (casual clothes - you will be painting furniture) bring your own packed lunch and water.*

**5 Hour Film Challenge.**Cost: NIL

*Mufti allowed, large drink bottle of water and lunch. Students need to bring their devices and also a charger to keep their device fully charged throughout the day.*

**A Day at the Beach** Cost: \$15 (may want to bring money for ice-cream)

*Bring togs / towel / sunblock / sunhat (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking.*

**Harmonise @ SPC** Cost: NIL

*Join the girls from Sacred Heart College for a day of singing. School (summer) uniform, lunch, morning tea/snack/water . You must either play an instrument or sing*

**Newlands Intermediate EOTC -** Cost: NIL

*School (summer) uniform, large drink bottle of water and lunch. Shoes for outdoors/walking. You may swim if the weather is good*

**Board Games in the Library** Cost: NIL

*School (summer) uniform, large drink bottle of water and lunch.*

**Investigate Upper Hutt with a walk (WALK 5)** Cost: \$NIL

*Suitable footwear and clothing (including jacket and warm clothes), large drink bottle of water and lunch. Shoes for outdoors/walking. Swim if nice weather.*

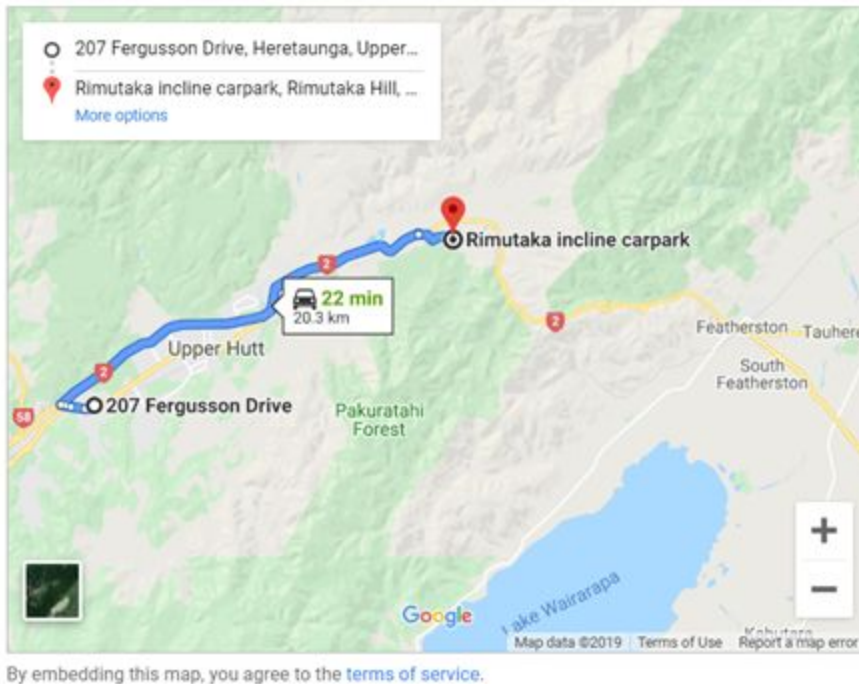
**Gardening Skills and Service GARD** Cost: NIL

*School (summer) uniform, large drink bottle of water and lunch.*

**Remutaka Bike Ride (REMU) Cost: NIL**

*Rimutaka Incline track to the Summit and back. Incline Road Carpark, Appropriate clothes for riding, large drink bottle of water and lunch.*

***You must have your own bike and make your way to the location. Please contact Mrs Hambidge if this is a problem.***



*Just past the Kartsport Carpark*

10am - Assemble in carpark and assigned into groups. ***You do not have to come to school in the morning if you are going straight there.***

12-12.30pm - Have lunch then turn around and head back to start

2pm - Reassemble back to start point

We hope you are looking forward to the week and that you take the opportunities on offer with enthusiasm and energy. We look forward to working with you all! Please do not hesitate to contact me should you have any concerns. [hambidgej@stream.school.nz](mailto:hambidgej@stream.school.nz)

Ngā mihi nui,

**Mrs Jane Hambidge**

Tumuaki Tuarua / Deputy Rector (Teaching & Learning)