



Hato Pateriki Māwaihakona / St. Patrick's College Silverstream



HAUORA WEEK 2019

Day/Session	Friday (29/11)	Monday (2/12)	Tuesday (3/12)	Wednesday (4/12)	Thursday (5/12)
Ranks 8.30am Morning Activities (8.45 – 11.45)	Opening Liturgy (30 minutes)	Year 9 Activities 8.40am – 11.45pm (chosen from programme: half day)	Big Boys Breakfast 8.40am – 9.30am Henry Grey		Activities (chosen from programme: half day)
	Activities 9 – 3pm (chosen from programme: half or whole day)		Activities 9.30 – 11.45 (chosen from programme: half or whole day)		
		Year 10 Activities 8.40am – 11.45pm (chosen from programme: half or full day)	Neville Shield	Activities 9 – 3pm (chosen from programme: half or whole day)	
Lunch Break (11.45am - 12.30pm) <i>(whole day activities take breaks when appropriate to the activity)</i>					
Afternoon Activities (12.30 – 3pm)	Activities 9 – 3pm (chosen from programme: half or whole day)	Year 9 Activities (PE Dept) 12.30pm – 3pm	Neville Shield All school from 12.30pm 2pm Finish	Activities 9 – 3pm (chosen from programme: half or whole day)	Tutor Time 12.30pm – 1.30pm Evaluation for 2019 Closing Liturgy 1.40pm for 2.20pm finish (40 minutes)
		Year 10 Activities 8.40am – 11.45pm (chosen from programme: full or half day)			

WHAKAPONO
FAITH
FA'ATUATUA



KOTAHITANGA
UNITY
TU FA'ATASI



MANAAKITANGA
SUPPORT
LAGOLAGO



HAUTOA
COURAGE
LOTO TELE



NGĀKAU PĀPAKU
HUMILITY
LOTO MAUALALO

SERVING OUR COMMUNITY

Over the week all students will be expected to be involved in **AT LEAST ONE** service activity. (e.g. sustainability, helping others, nature and gardening), and also asked to indicate whether you might be interested in a service activity back at your old school if this is available. Service activities will be allocated to students once they have chosen their main activities.

Creativity and Thinking Skills

Title: Learn to build, paint and play with miniatures (MINI)

Description: Be a part of a fast-growing and exciting hobby where you can be creative, problem solve and work collaboratively.

Duration: Whole or Half Day

Cost: \$5 to cover the cost of materials



Title: Chef for half a day (CHEF)

Description: Create some delicious and nutritious food to eat and support the Vinnies and Food Bank.

Duration: Half day

Cost: \$5 to cover the cost of food eaten!



Title: Mindfulness and gratitude (MIND)

Description: Experience the peacefulness and calmness of being mindful and grateful.

Duration: Half day

Cost: FREE



Nature and the outdoors

Title: Walk the Stairway to Heaven (WALK1)

Details: Embark on a spectacular walk from Pukerua Bay to Paekakariki – if the weather is fine swim and cook lunch too!

Duration: Whole day

Cost: Bus fare (\$15)



Title: Visit to the Home of Compassion in Island Bay and Holocaust Museum (HCNZ)

Description: The Holocaust Centre of New Zealand (HCNZ) is the nation's leading organisation in Holocaust education and remembrance, dedicated to ensuring the lessons of the Holocaust remain relevant today and for future generations.

Duration: Whole day

Cost: \$15



Title: Appreciating the beauty of our school environment (WALK2)

Description: Enjoy a walk through our grounds to connect with our 3 pou and look at Bart Hogan's work. Walk along the river trail to Stokes Valley returning to school for lunch then some time in the classroom thinking about Sustainability

Duration: Full day

Cost: Money for lunch in Silverstream (McDonalds, Subway, Sushi) Approx \$15

Title: Food Science (FOOD)

Description: Think experiments combined with creativity and food!

Duration: Whole or Half day

Cost: \$2 for food eaten



Title: Volunteer for a day (SERVE1)

Description: Spend a day volunteering at the Home of Compassion Soup Kitchen in Wellington.

Duration: Whole Day

Cost: \$15



Title: Learn to sing! (SING)

Description: Unleash your inner musical being and learn to sing together in harmony.

Duration: Half day

Cost: FREE



Title: 5 Hour Film Challenge (FILM)

Description: Students are given a list of everything that must be included in a film and then it is up to them to write the script, film it and edit it all in one day. There will be an awards ceremony where the films can be viewed and there may even be some prizes!

Duration: Whole Day

Cost: FREE



Title: A Day at the Beach (BEACH)

Description: Bring your togs for a day of fun and adventure by the sea.

Duration: Whole Day

Cost: \$15 for transport (you may also want to bring money for ice cream!)

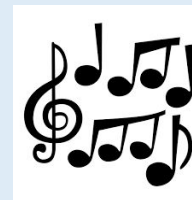


Title: Harmonise @ SPC - Friday 29 Nov (SHC)

Description: A combined music day of playing and singing with Sacred Heart College. To participate in this day you must either play an instrument or sing.

Duration: Whole Day

Cost : Free



Title: Newlands Intermediate EOTC (NEW)

Description: Attend Newlands Intermediate for a day and help them out with their trips.

Duration: Full Day

Cost: Free



Title: Sustainable Coastlines – Red Rocks (WALK4)

Description: Walk from Wellington Wind Turbine to Red Rocks (Pariwhero) and learn about our coastlines and Māori history. Have a swim if you dare.

Duration: Whole day

Cost: Return train and bus (\$20)



Title: Board Games in the Library (BRDG)

Description: Revive an ancient form of competition and remember what it is like to face an opponent and be locked in mortal combat. Improve social skills and work as a team in a competitive environment.

Duration: Whole Day

Cost: FREE



Title: Investigate Upper Hutt with a walk (WALK5)

Description: Take the time to look at Upper Hutt's natural environment. Rubbish clean-up. If the weather is good can have a swim in the river.

Duration: Whole Day

Cost: FREE



Title: Discovering Light Workshop at City Gallery Thurs 5 Dec (CITY)

Description: Discover ways that artists use light as both a subject and a material. Experience a silent fireworks display. Make your own cameraless photo

Duration: Half Day

Cost: \$15 - \$20



Title: Get Crossfit (CROS)

Description: Experience the energy and motivation of the experienced coaches at Upper Hutt Crossfit.

Duration: Half day

Cost: Transport and coaching (\$20)



Title: Confidence & Teamwork Training (CONF)

Description: Team physical activities to develop and challenge confidence, teamwork and problem solving skills.

Duration: Half day

Cost: FREE



Title: Battle Hill (WALK3)

Description: Complete the Battle Hill Summit Loop Track.

Duration: Half day

Cost: Transport (\$10)



Title: Learn how to Sign (SIGN)

Description: Learn how to communicate using sign language

Duration: Half Day

Cost: FREE



Title: Gardening Skills and Service (GARD)

Description: Learn how to garden and help out others

Duration: Half Day

Cost: FREE



Title: A Capital Day - Mon 2 Dec (CAPI)

Description: We will travel into Wellington by train and visit Parliament. While there we will learn about how Parliament works. We will then do a scavenger hunt along Lambton Quay and have lunch on the waterfront.

Duration: Full Day

Cost: approx \$8 plus bring lunch or \$15 for lunch



Title: SPCA Visit Wed 4 Dec - (SPCA) For those in Animal Welfare group

Description: We will travel into the SPCA in Newtown to help out with the animals who live there. This could include cleaning and or giving cuddles. End the day with a beach cleanup at Petone Beach. Must be interested in animals.

Duration: Full Day

Cost: NIL but bring lunch or \$15 for lunch



Title: Remutaka Bike Ride - Thurs 5 Dec (REMU)

Description: Join Silverstream School on their Remutaka Bike Ride - Service. You must have your own bike and a reasonable level of fitness. Suitable for a Silverstream School Old Boy.

Duration: Full Day

Cost: FREE

